Cherry Trail Mix

Nutrition Fa	cts
1 serving per container	
	(0.0g)
Amount Per Serving	
	220
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	14%
Total Sugars 14g	
Includes 10g Added Sugars	20%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.5mg	8%
Potassium 90mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day	

INGREDIENTS: ROLLED OATS, COCONUT, TOASTED ALMONDS, PUMPKIN SEEDS, ORGANIC BARLEY MALT SYRUP, WILDFLOWER HONEY, AGAVE SYRUP, DRIED CHERRIES.

CONTAINS: ALMOND, COCONUT

is used for general nutrition advice.

THE GEMINI BAR CO., NEW YORK